

**BJJ** Turkey

*N e w s l e t t e r*

*June 2003*

**Breaking News... Breaking News...**

**Governmental Support from Turkey!**

**On June 16<sup>th</sup> , 2003 Professor Necdet Ünüvar, MD, Undersecretary of the Ministry of Health of Turkey, signed a Bone and Joint Decade Proclamation and Endorsement. The population of Turkey is about 70 000 000. So this is a very important event for both *Turkey* and *Bone and Joint Decade*. For more information please contact Prof. Sahap Atik, NAN coordinator, e-mail: [atik@tr.net](mailto:atik@tr.net)**



June 16th, 2003

## *Bone and Joint Decade* Proclamation and Endorsement

Musculoskeletal disorders are increasing in every community. The impact of them in terms of disability and economic costs is much more significant in our country due to lifestyle of Turkish people. There are effective ways for the prevention or treatment of these conditions that will provide improvement in the health-related quality of life for people.

I hope that national and international cooperation with *Bone and Joint Decade* action will provide the reduction of musculoskeletal disorders in Turkey and the rest of the world.

Professor Necdet Ünüvar, M. D.

*Undersecretary of Ministry of Health of Turkey*

## **BJD in Turkish Scientific Journals**

**BJD is mentioned several times in Turkish scientific journals.**

- **BJD booklet is translated (translation was done by Dr. E. Gdemez) and published in the journal of *Arthroplasty Arthroscopic Surgery*.**
- **The burden of musculoskeletal diseases and the goals and strategy of BJD were discussed in the journals of *Health, Actuel Medicine, Arthroplasty Arthroscopic Surgery*.**



## The Bone and Joint Decade 2000 - 2010

**Kas-İskelet Hastalıklarının  
Önlenmesi ve Tedavisi İçin**



27 Mayıs 1999

BJD İcra Komitesi Birleşmiş Milletler Genel Sekreteri ile toplantıda.  
Soldan sağa: Kofi Annan, Prof. Nicolas Walsh, USA,  
Prof. Anthony Woolf, UK and Prof. Lars Lidgren, Sweden.



**Participating  
Organization**

*Bu sayıda sizlerle paylaşmak istediğim hem iyi hem de kötü olaylar var:*

- Vakfımız ve Dergimiz "***Bone and Joint Decade***" hareketine destek veren kuruluşlar arasına katıldı ve "***Participating Organization***" olarak kabul edildi.

**The Bone and Joint Decade 2000-2010  
INFOLETTER 27**

*February 2003*

***Change of NAN coordinator in Turkey***

Dr O. Sahap Atik, Professor in Orthopaedic Surgery and President of the Turkish Joint Diseases Foundation has become the new NAN coordinator in Turkey.



Gazi Üniversitesi Ortopedi Bölümü Öğretim Üyesi ve Türkiye Eklem Hastalıkları Tedavi Vakfı Başkanı Prof. Dr. O. Şahap Atik ile ortopedi ve travmatoloji alanında yaşanan gelişmeleri ve sorunları ele aldık. Verdiği rakamlar ortopediye bağlı hastalıkların günümüzde ne kadar önemli bir yer tuttuğunu ortaya koyuyor. Ülkemizde ve dünyada kemik ve eklem hastalıklarına bağlı şikayetler gün geçtikçe artıyor. Öldürmüyor ama sakat bırakıyor, iş kaybına yol açıyor.



Dünyada bunun önemini anlatmak için 2000-2010 Bone and Joint Decade (Kemik ve Eklem Onyılı) adında bir hareket başlatıldı. Avrupa Birliği, Dünya Sağlık Örgütü ve Birleşmiş Milletlerle ilgili içindeler. Son yıllarda osteoporoz, osteoartrit gibi ortopedi hastalıklarının önemi daha iyi anlaşılmasına başlandı ama gerçeğe de yetersiz.

Dünyada ortopedik sorunların bu önemli artışı 2000 yılında özellikle ortopedistlerin başını çektiği bir sağlık grubunu ve bir takım kurumları bir araya gelerek toplumun, hükümetlerin, devletlerin bu konuya ilgisini çekmek ve onları bilgilendirmek amacıyla Bone & Joint Decade denilen

(KEMİK VE EKLEM ONYILI) bir hareketin başlamasına yönelmiş. 2000 yılında bu hareket başladı. 2010 yılına kadar sürecek. Bu hastalıklardan dolayı oluşabilecek sakatlıklar, ölümler, iş kaybını ve harcamaları en aza indirmek hedefleniyor. "Bu konuda Türkiye en az etkinlik gösteren ülkelerden birisi. Gelişmiş ülkeler bu konuya yeterince eğiliyorlar. Kötü olan şey ise bizden daha az gelişmiş ülkeler bile bu konu üzerinde çalışıyorlar."

Türkiye'de bizim de konuyla ilgili bir vakfımız var. Türkiye Eklem Hastalıkları Tedavi Vakfı. Vakıf olarak 13 yıldır Artrop-

**TÜRKİYE EKLEM HASTALIKLARI TEDAVİ VAKFI**  
**BONE AND JOINT DECADE** hareketine destek veren  
kuruluşlar arasına katıldı.

Vakıf Başkanı Prof. Dr. O. Şahap ATİK Türkiye Koordinatörü oldu.



***Participating  
Organization***

The Bone and Joint Decade 2000-2010

**INFOLETTER 27**

*February 2003*

*Dear Bone and Joint Decade supporting organisation and friend,  
On behalf of the BJD Steering Committee I am pleased to report to you of the latest  
achievements in regard to the initiative.  
Lars Lidgren, Chairman of the Steering Committee*

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Dr. O. Sahap ATİK, Professor in Orthopaedic  
Surgery and President of the Turkish Joint  
Diseases Foundation has become the new  
NAN coordinator in Turkey. For more  
information,  
e-mail: atik@tr.net

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## **1<sup>st</sup> Congress on Osteoporosis & Osteoarthritis has been held on April 30<sup>th</sup> –May 4<sup>th</sup> , 2003 in Turkey**

*Turkish Joint Diseases Foundation* organized a congress on *osteoporosis and osteoarthritis* in Antalya, Turkey. The aim of the meeting was to increase the awareness and the knowledge of the *orthopaedic surgeons* on the prevention, diagnosis, and treatment of osteoporosis. With a multidisciplinary approach, the incidence, the prevalence, and the burden of this silent epidemic were discussed. *Professors Olof Johnell, MD and Steven Boonen* were guest speakers. Prof. Johnell gave several lectures and participated in panel discussions. *Professors Rizzoli and Zacher* were not able to attend meeting (they thought it might be risky due to Iraq conflict). *Professors Johnell and Atik* replaced them).

The speakers tried to answer the following questions

- *What is osteoporosis?*
- *Why should the orthopedic surgeon be concerned?*
- *How should the patients with osteoporotic fractures be evaluated?*
- *Who to treat?*
- *How to treat?*

The medical treatment of osteoarthritis was also discussed in this meeting. The major “take home message” was “*you are first physician and then surgeon*”. The orthopaedic surgeons were told that most of patients with osteoarthritis can be managed with conservative measures.

The economical aspects were also discussed during the congress.



**Professors Atik and Johnell are in front of the BJD logo during the meeting.**



TÜRK  
ORTOPEDİ VE  
TRAUMATOLOJİ  
BİRLİĞİ DERNEĞİ  
TOTBİD



World Health  
Organization  
Collaborating  
Center

# I. OSTEOPOROZ VE OSTEOARTRİT KONGRESİ

30 NİSAN - 4 MAYIS 2003  
BELEK / ANTALYA



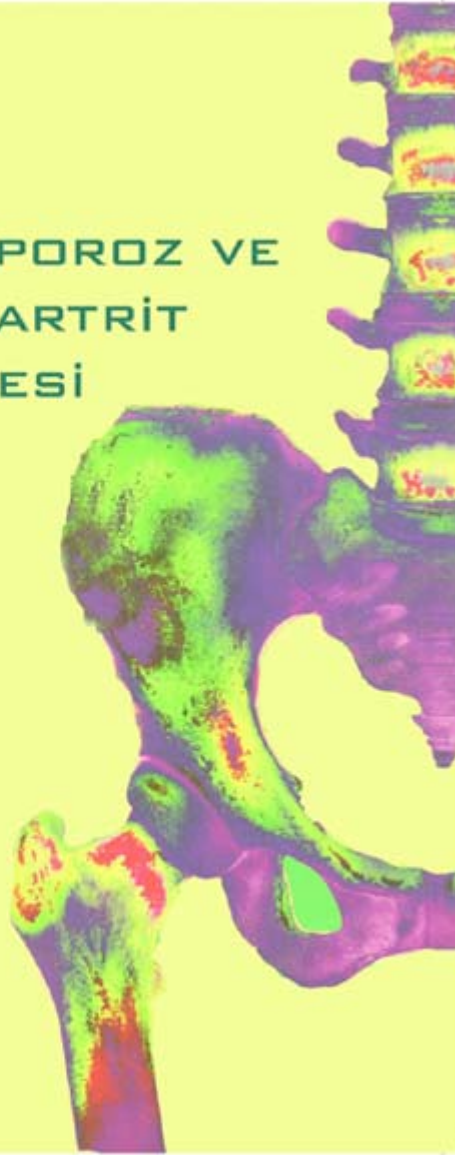
*Participating  
Organization*

Düzenleyen



TÜRKİYE  
EKLEMLER  
HASTALIKLARI  
TEDAVİ  
YERİ  
TEVAK

2. DUYURU



**Dear Colleague,**

**Osteoporosis and Osteoarthritis have emerged as the most disabling diseases during the last 20 years. The costs caused by osteoporotic fractures of spine, hip and forearm; and the financial burden related to osteoarthritis are considered as a major determinant of the healthcare budget.**

**There have been developments in the pharmacological treatment of osteoporosis and osteoarthritis. But one cannot say that the orthopedists have sufficient interest on this issue.**

**On the other hand, the efficiency of an antiosteoporotic drug in the treatment of osteoporosis is expressed by fracture risk reduction. Although the patients are referred to the orthopedists for the treatment of fractures caused by osteoporosis; most of our colleagues treats the fractures only, and they neglect osteoporosis. Whereas, the probability of another fracture in these patients is very high.**

**Bone and Joint Decade is dedicated to improve the quality of life for people with musculoskeletal disorders worldwide. World Health Organisation and International Osteoporosis Institutions aimed to raise the orthopedists' awareness and interest on this issue.**

**I believe that the 1st Congress of Osteoporosis and Osteoarthritis organized by Turkish Joint Diseases Foundation under the auspices of WHO Collaborating Center and TOTBID will have important contributions to reach these goals in the name of patients, physicians and our country.**

**I look forward to meeting you in 2003.**

**O. Şahap Atik, MD**

**Congress President**

## CONGRESS SCIENTIFIC PROGRAMME

30 April 2003

09:00 - 18:30	Check in and Registration
19:30	Dinner

1 May 2003

09:00-09:30	Opening Ceremony
09:30-10:15	<b>Conference 1</b> <b>Chairman:</b> F. Korkusuz Incidence, prevalence and burden of osteoporosis  R. Rizzoli
10:15-10:45	Coffee Break
10:45-11:45	<b>Panel 1</b> <b>Moderator:</b> O. Ş. Atik Orthopaedist and osteoporosis  O. Johnell, R. Rizzoli
12:00-13:30	Satellite Symposium - Merck Sharp & Dohme
13:30-15:00	Lunch
15:00-16:00	<b>Conference 2</b> <b>Chairman:</b> M. Uslu Who should be treated?  O. Johnell
16:00-16:30	Coffee Break
16:30-17:30	<b>Panel 2</b> <b>Moderator:</b> R. Tözün Osteoporotic hip fractures: Indications for unipolar, bipolar and primary total hip arthroplasty  F. Altıntaş, Ö. F. Bilgen, M. Hersekli
17:30-18:30	<b>Panel 3</b> <b>Moderator:</b> M. A. Tümöz Osteoporotic trochanteric fractures: Indications for external fixator, internal fixation, hemiarthroplasty  B. Atilla, F. Ekşioğlu, S. Sarban, M. Uslu
19:30	Welcome Dinner - Merck Sharp & Dohme

2 May 2003

09:15-10:15	<b>Panel 4</b>  <b>Moderator:</b> B. Alpaslan Osteoporosis: methods of diagnosis and monitorization-DEXA, NTX  F. Korkusuz, M. Manisalı, D. Özaksoy
10:15-10:45	Coffee Break
10:45-11:45	<b>Panel 5A</b>  <b>Moderator:</b> O. Ş. Atik Medical treatment of osteoporosis  A. Akıncı, D. Sindel, M. Yıldırım
12:00-13:30	Satellite Symposium - Aventis Pharma
13:30-15:00	Lunch
15:00-16:00	<b>Panel 5B</b>  <b>Moderator:</b> O. Ş. Atik Guidelines for the diagnosis and management of osteoporosis of Canadian Osteoporosis Society (case oriented approach)  A. Akıncı, D. Sindel, T. Şatana
16:00-16:30	Coffee Break
16:30-17:30	<b>Panel 6</b>  <b>Moderator:</b> A. Hamzaoğlu Osteoporotic spinal fractures: Indications for implants, vertebroplasty, kyphoplasty  A. Alanay, D. Dinçer, C. Şar, T. Şatana
17:30-18:30	<b>Panel 7</b>  <b>Moderator:</b> N. H. Aydoğan Treatment of the other osteoporotic fractures  K. Aktuğlu, E. Güdemez, S. Gür, O. Polatkan, U. Şaylı
19:30	Gala Dinner - Aventis Pharma

3 May 2003

09:15-10:15	<p><b>Chairmen:</b> E. Işikan, V. Karatosun</p> <p><b>Conference 3</b> Evidence based orthopaedics</p> <p>İ. Günal</p> <p><b>Conference 4</b> Arthritis from the wiewpoint of orthopaedist</p> <p>E. Togrul</p> <p><b>Conference 5</b> Chondropenia</p> <p>A. T. Aydın</p> <p><b>Conference 6</b> Contemporary approaches to the surgical treatment of Gonartroz</p> <p>E. Gür</p>
10:15-10:45	Coffee Break
10:45-11:45	<p><b>Conference 7</b></p> <p><b>Chairman:</b> O. Ş. Atik Evidence based treatment of osteoarthritis</p> <p>J. Zacher</p>
12:00-13:30	Satellite Symposium - Merck Sharp & Dohme
13:30-15:00	Lunch
15:00-16:00	<p><b>Panel 8</b></p> <p><b>Moderator:</b> A. T. Aydın Indications of arthroscopy in osteoarthritic patients</p> <p>S. Aydoğdu, M. L. Baydar, H. Pınar, E. Taşkıran</p>
16:00-16:30	Coffee Break
16:30-17:30	<p><b>Panel 9</b></p> <p><b>Moderator:</b> M. Alpaslan Indications of arthroplasty in osteoarthritic patients</p> <p>B. Erdemli, R. Tandoğan, E. Togrul, M. Tokgözoğlu</p>
17:30-19:30	<p><b>Abstracts</b></p> <p><b>Chairmen:</b> F. Ekşioğlu, T. Şatana</p>
20:00	Dinner

4 May 2003

09:00-12:30	Check out
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## **National Action Network is being reorganized**

***National Action Network* is being reorganized with a multidisciplinary approach.**

## **Turkish Joint Diseases Foundation (TJDF) become the fullmember of *International Osteoporosis Foundation (IOF)***

**Turkish Joint Diseases Foundation recently became the member of *International Osteoporosis Foundation*. TJDF is planning to do some activities with BJD and IOF in the near future.**